

Monocacy Indoor Soccer League

Frederick County Division of Parks and Recreation

Field of play/Rules

- Basketball court boundary lines will be used for all games. Please inform players to stop playing when they hear the whistle to ensure safety at all times.
- Goals: Pugg goals for all age groups to focus on controlled shooting and passing.
- Goalkeepers- No goalies in any age group.
- Corner/Goal Kicks: any ball traveling behind the goal will result in either a goal kick (if last played by an offensive player) or a corner kick (if last played by a defensive player). Goal kicks will be placed on the end lines. Corner kicks will be placed on the corner of the court.
- Goals Scored: To start each half, and after goals, the ball will be brought back to mid court for a kickoff by the appropriate team. Defensive team must be outside the mid court circle.
- Kick-Ins: any ball traveling out of bounds on either sideline will result in a kick-in. Ball will be placed on the sideline and defense will need to stand at least 5 feet from the ball. A player cannot take a shot on goal from a kick-in.
- Headers: headers should not be practiced or done in the game intentionally. If an intentional header occurs, the referees will call an indirect kick for the other team. If it was an accident/unintentional, then play will continue.
- Teams will play 5 vs 5, unless one team is short players than 4 vs. 4.
- Lopsided rule: Winning team needs to remove 1 player if winning team gets ahead by 4 goals. If the lead increases to 6 goals then the refs/coaches will need to communicate on the best action to take (6 passes before shooting etc.)
- Unlimited substitutions and all players must play an equal amount of time.
- Coaches are allowed a 30 second timeout per half.

Equipment and uniform

- Each player will be issued a team jersey, shorts, and socks, which must be worn during games.
- Indoor soccer or sneakers must be worn, No cleats.
- Each player must wear shin guards to play.
- This league will use a size 3 indoor soccer felt ball for (5-7) and a size 4 indoor soccer felt ball for (7-9, 9-11).



Duration of games

- All games will be 20-minute halves with running clock besides if a timeout or injury occurs.
- The half-time break will be 2-5 minutes depending on time.
- The amount of warm up time will depend on timing of games on gameday.
- We will not be keeping score for the sprouts age group.

Referees

- One coach from each team must be on the court to assist with in-game management. Coaches will continue to coach and encourage all the players to participate. FCPR staff will be refereeing as well to keep the flow of the game going and will have final decision on any calls.
- FCPR staff have the authority to have players, coaches, and spectators removed from the playing area and/or recreation center for persistent unsportsmanlike behavior.

Penalties

The following are considered penalties for which an indirect kick will be awarded from the spot of the foul. Will be very lenient with the sprouts age group.

- Slide tackling or standing in “goal area”. Remind players there are no goalies/cherry picking.
- Deliberate/Intentional hand balls (referees judgment)
- Pushing/Tripping - if the coaches determine it to be excessive in force, or deliberately committed (will be lenient in calling this, as these young players will likely inadvertently commit these fouls).
- There will be no offside calls.

Inclement Weather Cancellation Line: 301-600-6291 (Option 2).

Please call an hour before games and practices to see if they are still on as scheduled.

