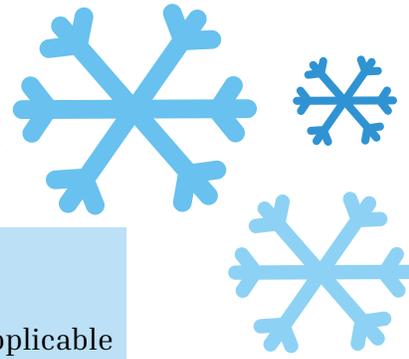




FREDERICK COUNTY PARKS AND RECREATION

# FRIDAY NIGHT REC

A social program for individuals aged 16 years and older with Intellectual and Developmental Disabilities.



Winter Session 2 begins Friday, February 11th, 2022.  
6:30-8:30pm, Locations Vary  
Registration Fee: \$20.00 | Caregivers/Aids will have to pay any applicable entrance fees.

Feb 11th **Let's Get Fit @ SKCC**- Let's get moving with a fitness class! Enjoy a night of stretching and movement to challenge our bodies. A healthy snack will be provided.

Feb 18th **Craft Night @ SKCC**- Time to get crafty! Join us for a seasonal craft.

Feb 25th No Session

Mar 3rd **Noises Off @ Other Voices Theater** - This is a Thursday Session and will run 7:45 - 9:30pm.  
THURSDAY Come enjoy a night out on the town and a show.

Mar 11th **Arcade Night @ Spinners** - Join us for a night of pinball and arcade games with friends! Don't forget extra cash for snacks. Caregivers/aids will have to pay FNR \$10 entrance fee.

Mar 18th No Session

Mar 25th **Pickleball , Sports, & More! @ RCRC**- Wrap up the season learning the basics of pickleball and enjoying an open-gym sport night.

## Enhanced Policies and Procedures

In order to keep everyone as safe and healthy as possible, we have updated some of our policies and procedures. Here are some important points to know:

- o **ADVANCED REGISTRATION is REQUIRED** for this program (online or over the phone). **No registrations will be accepted at the door.** There are a limited number of spots available.
- o **No drop-ins will be allowed.**
- o You must bring a face covering with you and wear it while inside all facilities.
- o All CDC, State of MD, and Frederick County Government guidelines will be followed.



Inclement Weather Line  
301-600-6291



Thank you for your interest in the Friday Night Rec Program. Below you will find the participant code of conduct and activity locations for Winter 2022. If you have any questions about the schedule and/or program, please contact Calli Guercio at 301-600-2197 or [cguercio@frederickcountymd.gov](mailto:cguercio@frederickcountymd.gov).

## Locations

### Scott Key Community Center

1050 Rocky Springs Rd,  
Frederick, MD 21702

### Other Voices Theatre

244B S Jefferson St,  
Frederick, MD 21701

### Spinners Pinball Arcade

919 N East St, Suite B,  
Frederick, MD 21701

### Rock Creek Rec Center

55B W Frederick St,  
Walkersville, MD 21793

## Participant Code of Conduct

It is the goal of the Friday Night Rec program for all participants to have an opportunity for a safe and enjoyable experience while taking part in our programs. In order to assure all participants understand the behavior expected, the following code of conduct has been developed. Failure to follow the code of conduct may result in verbal and/or written warning, removal from activities and/or suspension from future activities after repetitive violations. If you observe behaviors that could be considered inappropriate, please report it to the program director.

1. Be respectful to peers, staff, volunteers and public.
2. Listen and follow all direction from staff and volunteers.
3. Stay with your assigned group and leader.
4. Keep your hands to yourself.
5. Use friendly language and refrain from using inappropriate language or tones of voice.
6. Use equipment and supplies appropriately.
7. Failure to comply with these rules may result in suspension from the program.

**8. If you get a ride to the program, you will need to get a ride home.**

**9. Please arrive at time listed on schedule.**



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